

Small Grant Fund Case Study

Curnie Club (Fife Alcohol Support Service)

What activity did you run?

We held an Open Day at the Polish Club to share the work of our 'Flourish with Nature' group and a tour of our garden to showcase our new accessible, raised beds. Volunteers shared their stories of how the project has helped them on their journeys with to tackle isolation and loneliness. We also hosted a Climate Reality talk.

Who were your main audience?

35 people came along. They were a blend of Curnie Club members, the wider local community and people interested in getting into gardening and the social and health benefits that come with this.

What did you learn?

We learned local people are interested in growing, even on a small scale. Raised beds can make a difference to people who couldn't otherwise connect with nature in this way, and we learned a lot from the Climate Reality talk about how important collective action is locally and how this fits in with the big picture.

Has your project increased your community's capacity to tackle the climate emergency?

The project really celebrated the linked benefits of getting out into nature, growing plants and food and tackling the climate emergency at the same time.

This grant enabled us to open our garden project to our less mobile members, who can now enjoy a sense of belonging being able to access all areas of Curnie Club activities. These small grants can make aspirations a reality.

Find out more

<https://www.fva.org/news.asp?id=7730>

<https://www.facebook.com/curnie.clubs.14>

Community Climate Grants



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**CURNIE CLUB OPEN DAY
AS PART OF FIFE CLIMATE
ACTION FESTIVAL**

FIFE CLIMATE FESTIVAL
21 SEPTEMBER - 8 OCTOBER

**3RD OCTOBER
10AM - 2PM**

Tour of new improved accessible garden with raised beds

An introduction to Fife Curnie Clubs and what we do

Talk given by Michelle Selbie from Climate Action and the showing of a climate action film

**Polish Club, Bennoch Road
Kirkcaldy**

Follow Fife Curnie Clubs on Facebook

The poster features a background image of green vegetables like courgettes and tomatoes. It includes a date and time box, three activity descriptions in blue rounded rectangles, a location box, and a social media link at the bottom.



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